



Tri-State Veterinary Services

At-Home Pet Quality of Life Assessment

Purpose: This form helps you evaluate your pet’s comfort, happiness, and overall well-being. Use it to guide discussions with your veterinarian about care and end-of-life decisions.

Instructions:

- Observe your pet over several days.
- For each question, check the box that best describes your pet’s behavior.
- Score each category: 0 = Poor / Severe Issue, 1 = Moderate / Occasional Issue, 2 = Good / Rare or No Issue
- Total your score at the end.

1. Pain and Comfort

- 0 – Severe pain or discomfort, difficult to move
- 1 – Moderate discomfort, occasional signs of pain
- 2 – Comfortable, no noticeable pain

Notes: _____

2. Appetite and Hydration

- 0 – Poor appetite or refuses to eat/drink
- 1 – Eats/drinks inconsistently
- 2 – Normal appetite and hydration

Notes: _____

3. Hygiene and Grooming

- 0 – Cannot groom, soiled fur or skin issues
- 1 – Needs some help with grooming or cleanliness
- 2 – Maintains hygiene independently

Notes: _____

4. Mobility and Activity

- 0 – Cannot move comfortably; avoids activity
- 1 – Limited mobility; can move short distances
- 2 – Moves comfortably and enjoys activities

Notes: _____

5. Mental and Emotional Well-Being

- 0 – Withdrawn, anxious, or depressed
- 1 – Shows some interest, but inconsistent
- 2 – Alert, happy, and responsive

Notes: _____

6. Overall Enjoyment of Life

- 0 – Little to no enjoyment in daily life
- 1 – Occasional enjoyment, limited participation
- 2 – Enjoys daily routines and favorite activities

Notes: _____

Scoring

Add up your scores from each category: _____ / 12

Interpretation:

- **10–12:** Good quality of life
 - **7–9:** Moderate discomfort; consider veterinary guidance
 - **6 or below:** Significant discomfort; consult Tri-State Veterinary Services promptly
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Comments / Observations:

Tri-State Veterinary Services

Serving Hamptonburgh, NY, and surrounding areas

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